

NEW AUTUMN TERM MENU.

our Tummy Fillers

Week Commencing: 4th September, 25th September and 16th October 2017

Week 1

Main Meal

Monday
Sweet and Sour Chicken served with Vegetable Rice

Tuesday
Rich Beef Bolognese served with Penne Pasta, Garlic Bread and Salad

Wednesday
Chicken and Vegetable Pie served with Mashed Potato, Green Beans, Carrots and Gravy

Thursday
Roast Loin of Pork with Apple Sauce, Yorkshire Pudding, Roast Potatoes, Cabbage and Carrots

Friday
Oven Baked Battered Fillet of Fish served with Chips and Peas

Vegetarian Meal

Sweet and Sour Vegetables served with Vegetable Rice

Creamy Quorn and Mushroom Bake served with Focaccia Bread and Salad

Quorn and Roasted Vegetable Pie served with Mashed Potato, Green Beans, Carrots and Gravy

Roasted Quorn and Mixed Bean Stew with a Yorkshire Pudding, Roast Potatoes, Cabbage and Carrots

Spicy Breaded Bean Burger in a Soft Bap served with Chips and Baked Beans

Dessert

Oaty Apple Crumble served with Custard

Belgian Waffle served with Toffee Sauce

Strawberry Mousse served with Cream

Lemon Sponge with Custard

Chocolate Brownie served with Chocolate Sauce

Week Commencing: 11th September and 2nd October 2017

Week 2

Main Meal

Monday
Breast of Chicken Baked in BBQ Sauce served with Green Beans and New Potatoes

Tuesday
Beef Lasagne served with Garlic Bread and Mixed Salad

Wednesday
Cottage Pie topped with Cheesy Mash served with Peas, Carrots and Gravy

Thursday
Roast Turkey with Cranberry Sauce served with a Yorkshire Pudding, Roast Potatoes, Carrots and Broccoli

Friday
Oven Baked Fish Fingers served with Baked Beans and Chips

Vegetarian Meal

Vegetable and Bean Casserole served with New Potatoes and Peas

Spinach and Ricotta Cannelloni served with Garlic Bread and Mixed Salad

Roasted Vegetable Cottage Pie served with Peas, Carrots and Gravy

Roast Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes, Carrots and Broccoli

Cheese and Tomato Pizza served with Chips and Baked Beans

Dessert

Apple and Blackberry Crumble with Custard

Sticky Toffee Pudding with Toffee Sauce

Fruit Cheesecake

Jam Sponge served with Custard

Chocolate Sponge and Chocolate Sauce

Week Commencing: 18th September and 9th October 2017

Week 3

Main Meal

Monday
Meatballs in a Tomato Sauce served with Penne Pasta, Salad and Garlic Bread

Tuesday
Traditional Sausages served with Mashed Potato, Carrots, Peas and Onion Gravy

Wednesday
Butchers Best Beef Burgers served in a Flourey Bap served with Wedges and Coleslaw

Thursday
Roast Chicken and Stuffing with a Yorkshire Pudding, Roast Potatoes, Carrots and Sweetcorn

Friday
Oven Baked Fish Fingers served with Chips and Baked Beans

Vegetarian Meal

Roasted Vegetable Pasta Bake served with Salad and Garlic Bread

Quorn Sausages served with Mashed Potato, Carrots, Peas and Onion Gravy

Mushroom Pasta Bake served with Focaccia and Coleslaw

Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes, Carrots and Sweetcorn

Roasted Vegetable Quiche served with Chips and Baked Beans

Dessert

Apple Crumble served with Custard

Blueberry Muffin served with Custard

Flapjack

Syrup Sponge served with Custard

Chocolate Mousse served with Cream

FOOD ALLERGIES & INTOLERANCES

IF YOU SUFFER FROM EITHER OF THE ABOVE, PLEASE SPEAK TO THE CHEF MANAGER PRIOR TO PLACING YOUR ORDER WE WILL BE PLEASED TO DISCUSS THE CONTENTS OF ANY DISH WITH YOU

our Salad Feast

Available Every Day

Salad Bar, Bread, Jacket Potatoes, Fresh Fruit Pots and Yoghurt Pots.