

TROWSE TOP TWENTY!

Curriculum Enrichment Programme



Version 4 – January 13th 2015



Rationale

The Trowse Top Twenty programme is designed to keep our curriculum outstanding. The school has designed a 'core' of skills where children learn how to learn. Around this core, we wrap the national curriculum- the statutory document we have to teach to. Finally, we add our own outer layer- the icing on the cake. It is one of the dimensions that defines what is special about us at Trowse and helps children develop to become ***confident individuals, responsible citizens and successful learners***. It gives every child the opportunity to participate in 20 experiences which they will remember for a lifetime.

Areas for Development

All of the 20 challenges fit in with one of five themes. They are:

- Setting aspirations for the future,
- Wellbeing and leading healthy lifestyles,
- Culture and the arts,
- Life skills,
- Fostering personal growth.



1. The Camping Experience



This experience gives children the opportunity to camp out, under canvas, for a two day (one night) break.

Children may participate in shelter building, cooking over a fire, orienteering, group singing and star gazing.

This experience will take place reasonably locally.

2. The Big City Experience



The children will travel, by public transport or coach to a different city in the UK. They will experience a sight-seeing tour, eat in a restaurant or have a picnic and visit at least one city attraction (preferable a museum or gallery). This will be a one day experience.

The children will plan their day; make the relevant bookings and organise an appropriate itinerary. They will check transport timetables and ensure total cost falls within the allocated budget.

3. Skills for life



During their seven years at Trowse Primary, each child will learn about food hygiene and how to cook at least 7 basic healthy recipes, from scratch.

They will learn opportunities to learn other basic life skills too, such as sewing, making drinks, learning knots, setting a table, understanding what washing labels in clothes mean and learning how to repair things.

4. Pets at School



During one of their years at Trowse Primary, the children will have a class pet.

The children will research the pet and learn about how to care for an animal. They may visit the pet shop to purchase the items needed for their pet.

They will take care of their pet, including developing a rota for taking their pet home for the weekend and school holidays!

5. The Beach Experience



The children will travel, by coach, to one of our beautiful local beaches. They will use their imagination by making a MASSIVE sandcastle, hunting for treasure, searching for fossils and exploring rock pools.

For lunch, children will enjoy fish and chips and a lovely ice cream. Yum Yum!

6. Residential Adventure Week



During their time in Year five or six, the children will spend five days on the school residential. They will take part in a wide range of exciting outdoor adventure activities. This could include abseiling, climbing, quad biking, raft building and high ropes.

The children will get the opportunity to sleep in dorms with their friends and experience team building games and adventures.

7. Try a New Sport!



During their time at school, children will experience some fabulously sporty days where we will welcome experts from a range of different and unusual sports to give us taster sessions. This may include sports like fencing, karate, archery, cheerleading, ultimate frisbee, and dodge ball.

The children will be able to choose several sports to try and may be given the opportunity to work with children from different classes.

As a school, we will try to include sports where there is a route for children and we can signpost to a club.

8. Have Special Weeks



Twice a year the whole school will pause the traditional timetable and hold a '*special week*'. These are weeks where the whole school takes a topic or theme and explores it in depth. It could be anything. Recent ones include: Giving Back Week, Take One Picture, Europe Week and Out of the Box Week.

They could be promoting a subject, like a 'science week', or be promoting personal growth and understanding of their place in society, like 'giving back' week.

9. Catch a Show!



This experience will give the children an opportunity to watch a show, perhaps in London's theatre land! The children will research shows and choose their top choice. They will travel by coach or train to the theatre.

The children will spend time in class completing a theatre review following their visit.

10. Learn to Sail or Ski



Challenge yourself to try something new. The children will get the opportunity to gain a RYA Level 1 and then Level 2 qualification in sailing, carried out at Whitlingham outdoor education centre.

Children will also have the opportunity to learn to Ski at the local club. This is not a 'taster session', but a series of instructed lessons with the aim of getting children signed off as 'free skiers'.

11. Lights, Camera, Action!



For this challenge the children will plan, write, direct, film and edit a short movie. They will develop knowledge and understanding of using technology to capture and edit a film.

They may also choose to hold auditions to recruit actors for their film, or get arty, and make an animation. The very best films will be available for viewing on our school website and there will be screening event for parents!

12. Sports Venue Visit



The children will get the chance to visit a well-known sporting arena to take part in a behind the scenes tour of the site. They may be able to meet some of the sporting stars, watch a training session or take part in the sport themselves.

They will find out as much as possible before the visit by completing a research project, which they will present, after the visit, to other children at school.

13. The Arts



This experience will provide the children with an opportunity to visit a theatre or venue to watch a children's ballet or opera, or live music performance.

The chosen performance, if a ballet or opera, will be linked to a wonderful piece of children's literature so the teachers can link the visit to the half term's learning.

This could include a live screening of a performance being held elsewhere, to ensure the children access the highest quality productions possible.

14. Get Creative!



The children will work in school to make something massive. Not just big but absolutely gigantic! They will plan, design, order resources and build their massive piece of art.

The children completing this experience will invite their parents to join in with the planning and building.

15. Be the Best!



This 3T challenge could involve a group of children, one class or the whole school as they attempt to break a world record!

Children will find out about different world records set by children, research upcoming world record attempts and then participate in trying to set a record.

How good would that feel?!

16. Be Safe!

**Think safety
Act safely
Be safe**

We want to make sure all children grow up not only being kept safe by the adults around them, but knowing how to keep themselves safe in today's world.

Things like; pedestrian training, cycling proficiency, internet safety, first aid, fire safety, using the emergency services and drug and alcohol awareness as well as many more will be covered at an appropriate age to an appropriate degree.

17. Give Back

WE MAKE A
LIVING BY
WHAT WE GET,
BUT WE MAKE A
LIFE BY
WHAT WE GIVE.
~WINSTON CHURCHILL

We rise by lifting others

We will foster in children the knowledge that it is not for them to just 'take' from society, but to contribute and give something back too. From small gestures within school, to projects in the community and beyond, we want children to know that to make a great world we all have to do our bit.

18. Children Around the World



The school, through the 'Friends' sponsors two children in Africa so that they may go to school. During their time at school, children will learn about the life of children around the world, in particular Zimbabwe and learn what challenges children face.

19. The Entrepreneur!



We will, termly, get adults into school, or get children out on visits, to learn about what people do in their jobs to begin to foster a sense of what they might want to do as a grown up.

The older children will also be given a bank loan to run a small enterprising idea! They will need to come up with a business idea, pitch it to the panel of adults and see if their idea is adopted.

The class will then move forward with the business plans to hopefully make a profit.

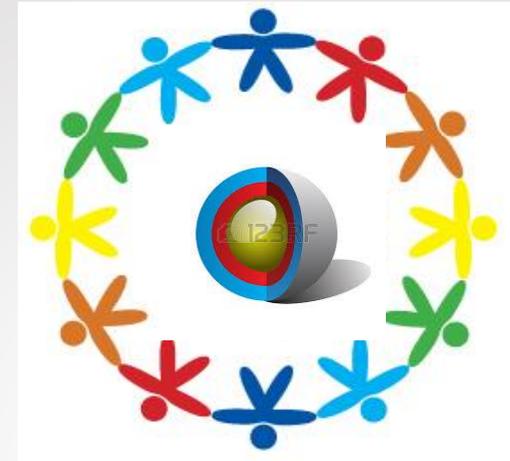
20. Music Performance



Children will get the opportunity to learn a musical instrument as a year group and perform together to an audience. Ocarina, samba instruments and ukuleles are examples of the types of instruments that may be used. Children will also perform through singing collectively.

Further to this, the school will always offer a range of instrument tuition and singing lessons for those individuals with a particular passion and talent. These children will also have opportunities to perform to an audience.

Memories for life!



We hope these experiences will form an important part of why our school is special. We hope the children continue to be motivated towards education and learning and are:

- **confident individuals**
- **responsible citizens and**
- **successful learners**

Thank you for reading this.